



## Health Services

### Epinephrine

**Epinephrine auto-injectors are prescribed for students with identified life threatening allergies:**

- When a licensed medical professional believes that epinephrine might be necessary to treat a student with an allergic reaction during school hours, on field trips, or other school sponsored activities, **the physician must fill out an Allergy Action Plan and Medication Permit for the student and return it to the school nurse.** School staff can then administer the injection. State law mandates training for any who will administer epinephrine. The school nurse, following established training guidelines, will train the school staff to use an auto injector. All the teachers of the identified students will be provided copies of the Allergy Action Plan for their students.
- State law authorizes students to carry their epinephrine pens if the physician and parent approve. In situations when students are approved by the physician to carry their own epinephrine, the MRT or other trained personnel must be instructed in the administration procedure in the event that the student is unable to self-administer. A second dose, to be used for back up, should be kept in the clinic and/or other approved locations in case the student's medication is not available.
- The parent or guardian and licensed medical professional, as indicated, must complete the appropriate authorization form.
- The school shall CONTACT EMS IMMEDIATELY, and then parents, when a student has been given epinephrine.

Resources:

Texas Health and Safety Code Section 773.014 (2007). [Administration of Epinephrine.](http://law.onecle.com/texas/health/773.014.00.html)  
Retrieved from law.onecle.com/texas/health/773.014.00.html

### Forms Related to Epinephrine:

[Power Point-Teacher Inservice on Chronic Illnesses.pptx](#)

[Form-Post-Test for Staff Training.pdf](#)

[Form-Epi Pen Skills Check Off.xlsx](#)

[Form-Emergency Action Plan for Severe Allergic Reaction.pdf](#)

[Form-Medication Authorization.pdf](#)