Mansfield ISD School Health Advisory Council Annual Report 2021-2022

In compliance with Title 2, Chapter 28, Section 28.004 of the Texas Education Code, the following is the required School Health Advisory Council Annual Report. It provides a detailed explanation of the council's activities during the period between the date of the current report and the date of the last prior written report.

- The School Health Advisory Council met twice in the fall and twice in the spring. All meetings except for January were held at the Jim Vaszauskas Center for Performing Arts. Due to new protocols and regulations we had a training meeting for new members.
 - October 14, 2021 (training and information session)
 - November 11, 2021
 - January 26, 2022 (public and virtual)
 - March 8, 2022 (public)
 - March 31, 2022

Members include:

Rita Denton	Director of Student Nutrition
Amy Senato	Elementary Science and Physical Education Coordinator
Michelle Hurst	Secondary Science and Health Coordinator
Elisa Watkins	LVN Supervisor/Resource Nurse Health Services
Dorian Watson	Health Teacher at Legacy High School
Jennifer Powers	Director of Guidance and Counseling
Mendy Gregory	Director of Social Emotional Learning
Bruno Dias	Director of Safety and Security
Amy Taylor	Milwood Hospital
Laura Sweatt	Magnet Director for Methodist Mansfield Medical Center
Kristen Sutton	Director of Community Engagement Texas Health

Debbie Van Cleave	parent at THS (feeder THS)
Gina Williams	parent at Ponder Elementary (feeder LHS)
Jae Hill	parent Howard Middle (feeder SHS)
Joseph Jenkins	parent at Tarver-Rendon Elementary and Donna Shepard Intermediate (feeder LHS)
Karen Tecklenburg	parent at MHS (feeder MHS)
LaToya Savoie	parent at Danny Jones Middle (feeder LRHS)
Marisela Aramino	parent at Nash Elementary and MHS (feeder MHS)
Mike McCown	parent at Lillard Intrermediate (feeder LRHS)
Nichole Flores	parent at Nash Elementary and Asa Lowe Intermediate (feeder MHS)
Nicole Lujan	parent at DP Morris Elementary (feeder SHS)
Scherron Richard	parent at Nash Elementary and Worley Middle (feeder MHS)
Shelley Jones	parent at MHS (feeder MHS)
Sheryl Taylor Fingers	parent at Brockett Elementary and THS (feeder THS)
Steffanie Steelhammer	parent at Jobe Middle (feeder at LHS)
Tiffany Mylett	parent at Smith Elementary (feeder at LRHS)
VanDella Menifee	parent at THS (feeder THS)
Wendy Thacker	parent at Howard Middle (feeder SHS)

II. At the initial meeting, the committee received an overview of the purpose of the SHAC and new meeting requirements according to HB1525. All meetings, agendas and minutes are posted <u>here</u>.

- III. This year, the SHAC focused on the topics listed below:
 - A. New Health Resources
 - B. New Health TEKS
 - C. Physical Fitness and Activity
 - IV. Guest speakers included:
 - A. Mendy Gregory: Director of Social and Emotional Learning
 - B. Jennifer Powers: Director of Guidance and Counseling
 - C. Michelle Hurst: MISD Secondary Science/Health Coordinator
 - D. Dorian Watson: MISD Health Teacher
 - E. Shane Trotter: Author and MISD Trainer
 - V. Issues, Recommendations, and Actions

Issue 1: Activity minutes - A The Physical Fitness and Activity Planning Committee was named: Amy Senato, Ryan Alferink, Mike McCown. This committee researched and reported out on suggestions for recess minutes. After the committee presented the SHAC voted to keep the recess minutes and campus practices the same for the elementary and intermediate grade levels.

Issue 2: New Health TEKS - The SHAC reviewed the newly adopted Health TEKS. These TEKS have grown considerably since the last adoption by TEA. SHAC Recommendation: Spread these TEKS out at earlier grade levels based on where they fit using a crosswalk document. For example Mental Health and Wellness content is covered through SEL during advisory periods, Fitness and Nutrition through PE and Alchohol, Tobacco and Drug Prevention in partnership with Red Ribbon Week.

Issue 3: Review and Vote on Reccomendations for new new Health Resources.

This was discussed and voted on during the two public meetings January 26 and March 8 or 2022.

- In accordance with HB1525 all Health and PE teachers were given the opportunity to review and provide feedback on all resources listed in the <u>TEA publisher list</u> on January 3-4 inservice days.
- SHAC members were given logins to view TEA listed resources at January 26 meeting before recommendations were made in March.
- SHAC members were given instructions on their role in resource evaluation in accordance with HB1525: Ensure that the **resources** align

with the TEKS, to ensure that the **resource** is grade level appropriate. and to assures that the resources reflects community values. These are with a specific focus on the reproductive and sexual health strands.

- SHAC members were provided with resposnes and feedback from teachers before making their recommendations.
- SHAC members were given a summary of the current resource and how they relate to the new TEKS.
- SHAC members were also asked to consider time for instruction, budget and which resources were approved by the Texas State Board of Education.

Grade band	Resource preferred	Response to Allignment
К-5	Quaver Ed	100% meets or exceeds expectations
6-8	Goodhart Wilcox	100% meets or exceeds expectations
High School Credit course	Goodhart Wilcox	100% meets or exceeds expectations

Input from 2021-2022 Health Teacher Summary

Grade Band	Recommendations	Vote
K-5	 Teacher/district created resources <u>Quaver</u> (online teacher platform) Keep puberty lesson in place but move it to 4th with the new TEKS) 	unanimous
6-8	 Teacher/district created resources Outside program such as AIM for Success for a 7th grade presentation for Reproductive and Sexual Health bands 	unanimous
High School Credit Course	 <u>Goodhart Wilcox</u> textbook Teacher/district created resources (such as the current video and STD service project lesson. Nova: Life's Greatest Miracle <u>video</u> STD/STI public service announcement <u>assignment</u> 	unanimous