

## K-1 PE Activities

These are the suggested activities for K-1 PE.. The activity and time when taught may differ based on campus need.

Unit	Examples of <u>TEKS</u> for each Unit	Examples of Activities
1	Movement: K.2A 1st: 1.1ABEDH, Physical Activity/Health- K,1A K.7B, K.6A-D,K.3ABC; K.5BC 1st: 1.3A, 1.5A; 1.A, 1.8A, 1.7A- Social- K.6AB; K.7ABC 1st: 1.6AB; 1.7ABC	Everyone's It Tag Animal Walks The Freeze PacMan
2	Move: K.1AB; K.1DE 1st: 1.1H Physical Activity/Health-K.3E, K.4A, K.1B, !.5AB; K.1C; K.4ABC 1.3B; 1.5B; 1.1ABI 1.4ABC	Flag Tag Red light.Green Light Crab Cageball Balance Stations
3	Move: K.1C; K.2B 1.1C, 1.1Hm 1.2AB Physical Activity/Health K.3D; K4.BI K.5E; K.7A; K/2AB 1.3CD; 1.4AB; 1.5E 1,8B 1.2AB;1.FG	Four Corners Stop, Drop & Roll Leap Frog Hop Scotch Egg Race Crab Soccer
4	Move: K.1B; 1.1D Physical Activity/Health K.4C; k.5D K.3AB;K.2CDI K.2G K.2F 1.3CD; 1.4C; 1.5C; 1.cCDE; 1.3E; 1.2H; 1.6AB	Sharks & Swimmers Lifeguard Field Day
5	Move: K.1F, !.1G Physical Activity/Health K.3E; K.5A; K.10C; K.3A;	Obstacle Course Balloon Tennis Newcomb

	K.10ABD; 1.3CD; 1.5A; 1.10B. 1.3AB,1.9EF, 1.11A	Crab soccer
6	Move: K.1GH; 1,1H Physical Activity/Health K.3C; K.8ABC; K.9AD. 1.4D; 1.4E. 1.5D; 1.9ABCD; 1.10A	tumbling/ log toll Partner Catch Activities; 3 Little Pigs Vitamin Tag Don't Rock the Boat

Additional activities: [K-6 PE Bitmoji Classroom](#)