

Activities/ Sports for 5th/6th PE

These are the suggested activities for 5th and 6th grade PE. The activity and time when taught may differ based on campus need.

Activity	Example of TEKS- 5th grade/ 6th grade
Aerobic fitness/ strength training	1a-e, 1h, 1k; 2a-c; 3ac; 4a-i; 5a-c; 6ab;7a-c
Recreational Games	1a-e, 1h, 1k; 2a-c; 3aci; 5a-c; 6ab;7a-c
Football	1abfjk; 2bc; 3ab; 4ai; 5a-d;6ab;7a-f
Basketball	1abfjk; 2bc; 3ab; 4ai; 5a-d;6ab;7a-f
Volleyball	1abfjk; 2bc; 3ab; 4ai; 5a-d;6ab;7a-f
Hockey	1abcfhjk; 2bc;3ab;4aei;5abcd;6ab; 7abc
Track	1abc;3ab; 5abcegi;6ab;7abcdef

Other Activities;
[K-6 Bitmoji Classroom](#)