

## Mansfield ISD School Health Advisory Council Minutes (SHAC) 1110 W. Debbie Lane; Mansfield, TX 76063 Thursday, December 7<sup>th</sup>2023 12:00PM – 1:00PM

## Introductions

- Meeting begins called to order at 12:05pm
- Introductions of committee members and guests

## SHAC Business

- Approve minutes from 10.5.2023
  - Motion to approve: Brad Bynum
  - o Second: L. Coleman
  - No Discussion
  - Passes 100%
- Review fentanyl abuse prevention and awareness education
  - Reviewed video links; heard from Jennifer Powers about potential workshop presenters; possible options are the police and fire departments as well as Methodist Mansfield hospital
  - Committee will continue to review materials and identify which option they would like to use for a fentanyl curriculum
- Discuss wellness objectives
  - Goals are set for wellness and objectives are to be further discussed and will be decided via google forms vote
- Discussion topics of interest for the physical education committee
  - Initiative to promote being active at home
  - Ways to support girls in transition to puberty
  - Education for parents/teachers on vaping and vaping devices
  - Focus on mental health/coping mechanisms/screening student that may need help
  - Opioid education

## Closing

- Next Meeting January 18<sup>th</sup> 2024 from 12:00PM 1:00PM
- Motion to Adjourn: A. Cappelletti
- Second: Brad Bynum
- Meeting adjourned at 1:05PM

Attendance

12- SHAC Committee Members

8 - Guest