



Mansfield ISD School Health Advisory Council Minutes
(SHAC)

1110 W. Debbie Lane; Mansfield, TX 76063

Thursday, January 18th 2024

12:00PM – 1:00PM

Introductions

- Meeting begins – called to order at 12:05pm
- Introductions of committee members and guests

SHAC Business

- Approve minutes from 12.7.2023
 - Motion to approve: Windsor Giblin motioned to approve, and Latese Coleman seconded the motion.
 - No Discussion
 - Passes 100%
- Fentanyl abuse prevention and awareness education
 - Recovery Resource Council to provide Fentanyl education presentations to students.
 - A motion was made by Tara Harris to approve the Recovery Resource presentation along with other online resources such as Natural High and National Institutes of Health (NIH) curriculum.
 - The motion was seconded by Jennifer Patterson Gregory.
 - Passed unanimously (100%).
- Wellness objectives

Implementing Goals for Physical Activity

- **GOAL 1:** The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.
 - **Objective 1:** The district will maintain the campus gym and or playground with safe equipment supporting physical activity.
- Tara Harris motioned to adopt the objective, and Windsor Giblin seconded the motion. It passed unanimously (100%).

- **GOAL 2:** The District shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.
 - **Objective 1:** Invite community partners and trained professionals to offer staff development on physical activity.
 - **Objective 2:** Provide sessions at MISD curriculum conference on creative ways to incorporate physical activity into classroom learning.
- Windsor Giblin motioned to adopt the objectives, followed by a second from Bianca Downs. The motion passed unanimously (100%)
- **GOAL 3:** The District shall make appropriate before-school and after-school physical activity programs available and shall encourage students to participate.
 - **Objective 1:** Offer clubs and or activities before and or after school that encourage physical activity.
 - **Objective 2:** Invite trained professionals to do physical activities with students.
- Jennifer Patterson Gregory motioned to adopt objectives, with Maurine Geensheer seconding the motion. The motion passed (100%).
- **GOAL 4:** The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.
 - **Objective 1:** The district will provide opportunities for family events that include physical activity, like a student/parent walk-a-thon to promote physical activity at school and at home.
 - **Objective 2:** A one-day fall and spring community event that includes physical activity.
- Windsor Giblin motioned to adopt objectives. Jennifer Patterson Gregory seconded the motion and it passed unanimously (100%).

Goals for Other School-Based Activities

- **GOAL 1:** The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.
 - **Objective 1:** Ensure students have at least 15 minutes to sit and eat in the cafeteria. (time does not include waiting in line) Time prompts will be given to students as needed.

- **Objective 2: Clean tables and floors between lunch sessions.**
- Latese Coleman motioned to adopt objectives and Tara Harris seconded the motion and it passed unanimously (100%).
- **GOAL 2:** The District shall promote wellness for students and their families at suitable District and campus activities.
 - **Objective 1: The district will host the annual Back to School Bash.**
 - **Objective 2: Anti-bullying campaign K-12 with support after hours and during school days.**
 - **Objective 3: Provide mental health resource links on the MISD website and encourage campus newsletters to list mental health resources available to parents.**
- Windsor Giblin motioned to approve objectives, and Vanessa James seconded the motion, which passed unanimously (100%).
- **GOAL 3:** The District shall promote employee wellness activities and involvement at suitable District and campus activities.
 - **Objective 1: Promote EAP program and Apps for mental wellness thought school year.**
 - **Objective 2: Engagement pulse survey**
- Tara Harris motioned to adopt objectives, and Jennifer Patterson Gregory seconded the motion, which passed 100%.
- SafeHaven Presentations
 - A motion was made by Jennifer Patterson Gregory to allow SafeHaven to be available upon request from the district to come out to campuses in need.
 - Latese Coleman seconded the motion
 - Passed 100%

Closing

- Next Meeting March 28th 2024 from 12:00PM – 1:00PM
- Maurine Gensheer motioned to adjourn the meeting
- Second by Windsor Giblin.
- The meeting adjourned at 1:11pm.

Attendance

9 SHAC Committee Members

6 Guest