



Mansfield ISD School Health Advisory Council Agenda  
(SHAC)

1110 W. Debbie Lane; Mansfield, TX 76063

Thursday, October 5<sup>th</sup> 2023

12:00PM – 1:00PM

#### Introductions

- Meeting begins – called to order at 12:03pm
- Introductions of committee members and guests
- Housekeeping Items discussed (sign in, wear name badge, come prepared to participate and try to make all meetings)
- SHAC overview – What is SHAC, requirements of SHAC

#### SHAC Business

- Approve minutes from 4.6.2023
  - Motion to approve: B. Bynum
  - Second: T. Harris
  - No Discussion
  - Passes 100%
- Election for parent Co-Chair
  - Brad Bynum volunteered
  - Motion to elect: W. Giblin
  - Second: J. Patterson Gregory
  - No Discussion
  - Passes 100%
- Election for parent Secretary
  - Jandel Crutchfield volunteered
  - Motion to elect: A. Cappelletti
  - Second: M. Gensheer
  - No Discussion
  - Passes 100%
- Select a Physical activity Sub Committee Chair
  - Jennifer Patterson Gregory volunteered
  - Motion to elect: B. Bynum
  - Second: W. Giblin
  - No discussion

- Passes 100%
- Discussion of Health topics of Interest for SHAC committee
  - Initiative to promote being active at home
  - Ways to support girls in transition to puberty
  - Education for parents/teachers on vaping and vaping devices
  - Focus on mental health/coping mechanisms/screening student that may need help
  - Opioid education
- Present SHAC Focus topics for 23-24 school year
  - Wellness Plan
  - Wellness Plan Assessment
  - Physical Activity Sub committee
  - Curriculum for instruction regarding dangers of opioids

#### Closing

- Overview of next steps for committees
- Next Meeting December 7<sup>th</sup> from 12:00PM – 1:00PM
- Motion to Adjourn: B. Bynum
- Second: L. Coleman
- Meeting adjourned at 1:03PM

#### Attendance

12- SHAC Committee Members

8 - Guest