

Mansfield ISD School Health Advisory Council Annual  
Report 2020-2021

In compliance with Title 2, Chapter 28, Section 28.004 of the Texas Education Code, the following is the required School Health Advisory Council Annual Report. It provides a detailed explanation of the council's activities during the period between the date of the current report and the date of the last prior written report.

- I. The School Health Advisory Council met twice in the fall and twice in the spring. Due to COVID protocols, our meetings this year were virtual.
- September 24, 2020
  - November 12, 2020
  - February 4, 2021
  - March 11, 2021

Members include:

Rita Denton	Director of Student Nutrition
Amy Senato	Elementary Science and Physical Education Coordinator
Michelle Hurst	Secondary Science and K-12 Health Coordinator
Elisa Watkins	LVN Supervisor/Resource Nurse Health Services
Amanda Shingleton	Health Teacher at Legacy High School
Jennifer Powers	Director of Guidance and Counseling
Mendy Gregory	Director of Social Emotional Learning
Karrye Aquino	Social Emotional Learning Facilitator
Bruno Dias	Director of Safety and Security
Technoia McDow	Milwood Hospital
Laura Sweatt	Magnet Director for Methodist Mansfield Medical Center

Kristen Sutton	Director of Community Engagement Texas Health
Christy Miller	Assistant Principal at Coble Middle School
Allison Lawson	MISD Parent at Brockett Elementary
Alyssa Le	MISD Parent at Wester Middle and Morris Elementary
Amanda Silva	MISD Parent at Reid Elementary
Candice Hilton	MISD Parent at Lake Ridge High School
Dian Wyatt	MISD Parent at Daulton Elementary
Evelyn Doherty	MISD Parent at Morris Elementary
Jasmine Ward	MISD Parent and Morris Elementary and Cross Timbers Intermediate
Joey Larson	MISD Parent at Wester Middle and Lowe Intermediate
Julie Hamilton	MISD Parent at Knight STEM Academy and Shepard Intermediate
Karen Tecklenburg	MISD Parent at Mansfield High School
Kristi Ferguson	MISD Parent at Lillard Intermediate
Marisela "Sela" Aramino	MISD Parent at Nash Elementary and Knight Stem Academy
Nicole Flores	MISD Parent at Nash Elementary
Nicole Lujan	MISD Parent at Morris Elementary
Nicole McCulloch	MISD Parent at Boren Elementary
Shanna Smith	MISD Parent at Smith Elementary
Sharon Suillivan	MISD Parent at Lake Ridge High School

Shelley Jones	MISD Parent at Mansfield High School
Sherron Richard	MISD Parent at Nash Elementary and Worley Middle
Stacey Walk	MISD Parent at Lillard Intermediate
Tammy Cooper	MISD Parent at Lake Ridge High School
Tara Harris	MISD Parent at Wester Middle and Boren Elementary
Taryn Fuentes	MISD Parent at Smith Elementary
Tiffany Mylett	MISD Parent at Smith Elementary
Tonia Sosa	MISD Parent at Cabiness Elementary
Vilmaris Montalvo-Torres	MISD Parent at Jandrucko Academy
Anne Tran	Summit High School Student
Josh Pitts	Frontier High School Student
Keaton O'Brian	Mansfield High School Student
Mason Remillard	Lake Ridge High School Student
Tara Movaghar	Lake Ridge High School Student
Tamia Stockett	Timberview High School Student
Madison Gonzales	Legacy High School Student

II. At the initial meeting, the committee received an overview of the purpose of the SHAC.

III. This year, the SHAC focused on the topics listed below.

A. Mental Health

- B. Social and Emotional Wellness for Students
- C. Social and Emotional Wellness for Staff
- D. Engagement of Virtual Learners

IV. Guest speakers included:

- A. Mendy Gregory: Director of Social and Emotional Learning
- B. Jennifer Powers: Director of Guidance and Counseling
- C. Michelle Hurst: MISD Secondary Science/Health Coordinator
- D. LaTonya Davison, LMSW from Milwood Hospital

V. Issues, Recommendations, and Actions

**Issue 1:** Mental Health - Student participants spoke of concern for mental health awareness.

SHAC Recommendation: Continue to incorporate SEL into the curriculum. The committee was impressed with the resources put out by the SEL Department. They recommend more resources for parents and provide funding for more teachers to go through Capturing Kids' Hearts.

**Issue 2:** Tobacco Use - MISD was asked to participate in a Tobacco use survey in grades 6-12. The SHAC recommended that we not participate in the survey due to loss of instructional time this year.

SHAC Recommendation: Continue with vaping education starting in intermediate school and seek out data at another time.

**Issue 3:** Updates on new TEKS for Health and PE - The committee did not have any concerns about the new TEKS for Health and PE.

SHAC Recommendation: Continue to monitor new TEKS and resources for Health as they come up for adoption in 2021-2022.

**Issue 4:** Final Exam Exemption policy - The 2019-2020 SHAC recommended that MISD revisit the exemption policy to address students coming to school sick with the flu or other illnesses.

This recommendation was made prior to semester exams during Covid-19. The district did change the exemption policy during the 2019-2020 school year, but the SHAC recommends a long-term adjustment to the exemption policy.

**Issue 6:** Health - The SHAC encouraged more time to address SEL and Health TEKS at the intermediate levels.

SHAC recommendations: Provide more opportunities to address Health TEKS such as an SEL/Health exploratory in 5th or 6th grade. This includes growth and development, but not sexual education.