

TEXAS PTA HEALTHY LIFESTYLES AWARD

Health Concerns

PURPOSE OF AWARD

The Texas PTA Healthy Lifestyles Award encourages the participation of Local PTAs in health and wellness related activities and recognizes a PTA/PTSA that has placed an emphasis on health and wellness issues concerning students and their families.

The projects should bring health and wellness related issues to the attention of parents, students, school personnel and the community. Projects may involve any present health and wellness related issues such as nutrition, physical activity, immunizations, mental health and wellness, etc.

CRITERIA FOR RECOGNITION

BRONZE LEVEL AWARD - Each of the following requirements must be met to receive the **Bronze Level** award.

1. Implement a monthly Health and Wellness focus.

SILVER LEVEL AWARD - To achieve a **Silver Level** Award complete all of the Bronze Level requirements plus the following:

2. Utilize a community resource in the presentation of a Health and Wellness Program. (i.e. TXPTA Parent Education Program, USDA Team Nutrition Changing the Scene Education Materials; your local school food service department, physical education department, school nurse; state or county health agency, Texas Cooperative Extension Agency, American Cancer, Heart, or Diabetes Associations, etc)
3. Include parents, students, teachers, administrators, community members, other organizations and other schools.

GOLD LEVEL AWARD - To achieve a **Gold Level** Award complete all of the above Bronze and Silver Level requirements plus the following:

7. Employ strategic use of media to promote a Health and Wellness Program.
10. Utilize students in the implementation of this level.

**AWARD: TEXAS PTA HEALTHY LIFESTYLES
(Health Concerns)**

Submit:

- *Texas PTA Healthy Lifestyles Award Form with supporting materials*
- *Texas PTA Local Unit Award Application Form*

**AREA 18
NEW AWARD**

Texas PTA Local Unit Award Application Form

Award applying for: _____	
Recognition level: <input type="checkbox"/> Gold <input type="checkbox"/> Silver <input type="checkbox"/> Bronze	
Local PTA/PTSA: _____	TXPTA ID #: _____
LEVEL: <input type="checkbox"/> Early Childhood <input type="checkbox"/> Elementary <input type="checkbox"/> Middle/Junior High <input type="checkbox"/> High School (Combination PTAs should select the grade level with the highest enrollment.)	
School District: _____	City: _____
PTA/PTSA President: _____	
Telephone: _____	E-mail Address: _____
Street Address: _____	
City: _____	Zip: _____

COUNCIL/AREA INFORMATION	
Council PTA: _____	Area PTA #: _____
Awards Contact: _____	
Telephone: _____	E-mail Address: _____

STATE OFFICE INFORMATION			
State Awards Contact: <u>Programs Department</u>	Telephone: <u>1.800.TALK PTA</u>		
Address: <u>Texas PTA, 408 West 11th Street</u>	City: <u>Austin, TX</u>	Zip: <u>78701-2113</u>	

REQUIRED INFORMATION	
Person submitting award: _____	
Telephone: _____	E-mail Address: _____
Address: _____	
City/Zip: _____	Zip: _____

All entries submitted to the state level become the property of Texas PTA and will not be returned.

AWARD SUMMARY

Write an additional summary, in 100 words or less, that may be used for public relations purposes such as in newsletters, Texas PTA *The Voice*, awards finalist program, etc. This summary is not included in the page limit.

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