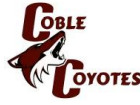


Name (Print) \_\_\_\_\_

Band Class \_\_\_\_\_



### Coble MS Band Weekly Practice Log

**Practice Guidelines** - Practice every night for best results. Never skip two nights in a row. Have clear goals for each practice session. Practice with a metronome to help you keep a steady tempo. Practice records are due the first day of every week. Practice is homework and is worth 20% of your grade.

<p>Monday, Date: _____            Did you practice? Yes No            How many minutes? _____</p>	<p>What did you practice?            _____            _____            _____</p>
<p>Tuesday, Date: _____            Did you practice? Yes No            How many minutes? _____</p>	<p>What did you practice?            _____            _____            _____</p>
<p>Wednesday, Date: _____            Did you practice? Yes No            How many minutes? _____</p>	<p>What did you practice?            _____            _____            _____</p>
<p>Thursday, Date: _____            Did you practice? Yes No            How many minutes? _____</p>	<p>What did you practice?            _____            _____            _____</p>
<p>Friday, Date: _____            Did you practice? Yes No            How many minutes? _____</p>	<p>What did you practice?            _____            _____            _____</p>
<p>Saturday, Date: _____            Did you practice? Yes No            How many minutes? _____</p>	<p>What did you practice?            _____            _____            _____</p>
<p>Sunday, Date: _____            Did you practice? Yes No            How many minutes? _____</p>	<p>What did you practice?            _____            _____            _____</p>

Total number of minutes practiced this week = \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Minutes Per Week:** 210 minutes = 100; 180 minutes = 85; 150 minutes = 70;  
 120 minutes = 60; No practice or no signed slip turned in = 0.  
 Minus **10** points if not on this form. Minus **20** points if minutes are not totaled.  
 Minus **10** points if no name. Minus **20** points if dates are not filled in.