

# OCTOBER LUNCH

MANSFIELD I.S.D

H.S. COUNTRY LINE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily menu subject to change

Menus meet Recommended Dietary Guidelines and may change due to product availability or other significant market changes.

**Daily Offerings:**

- Chicken Fried Steak
- Chef Salads
- Variety of Yogurt
- Mashed Potatoes
- Gravy
- Fresh Fruit
- Dinner Roll

**Breakfast Prices:**

- Pk-12 \$1.25
- Reduced \$ .30
- Adult \$1.50

**Lunch Prices:**

- Pk-6 \$2.15
- 7-12 \$2.40
- Reduced \$ .40
- Adult \$3.15



**\* Items contain whole grain**

3  
Hamburger  
Crispy Chicken Sandwich  
Pork & Beans  
French Fry Blend  
Burger Fixins'  
Pineapple Chunks  
Choice of Milk


4  
Lasagna  
Sea Dog  
Seasoned Baby Carrots  
California Blend Veggies  
Rosy Pears  
Fruit Cocktail  
Choice of Milk


5  
Crispy Oven Chicken  
Mini Corn Dogs  
Mashed Potatoes w/ Gravy  
Broccoli  
Mandarin Oranges  
**Long Grain/Wild Rice\*** or Roll  
Choice of Milk

6  
**Nachos\***  
Chicken Quesadilla  
Charro Beans  
Mexican Corn  
Celery Sticks  
Peaches  
Choice of Milk

7 **World Smile Day**  
**Cheese Pizza\***  
BBQ Pork Ribslets  
Corn Cobbette  
Sugar Snap Peas  
Rosy Applesauce  
Pineapple w/ Cherries  
Choice of Milk


**NATIONAL SCHOOL LUNCH WEEK "Let's Grow Healthy" Try a different fruit or veggie!**

10  
**SCHOOL HOLIDAY**  



11  
Rotini w/ Meatballs  
Popcorn Chicken  
Carrot Coins  
Ranch Style Beans  
Applesauce  
Mandarin Oranges  
Roll   
Choice of Milk

12  
Steak Fingers  
Teriyaki Chicken  
Mashed Potatoes w/ Gravy  
Green Beans  
Fruit Cocktail  
Cinnamon Apples  
Rice or Dinner Roll  
Choice of Milk

13   
Chalupa  
Enchiladas  
  
Refried Beans  
Spanish Rice  
Fresh Veggie Medley  
Pineapple w/Lime jello  
Choice of Milk

14  
Pepperoni Pizza\*  
**Deli Sub\***   
Broccoli in Cheesey Sauce  
Peas & Carrots  
Rosy Applesauce  
Sandwich Fixins'  
Choice of Milk



17  
Hamburger  
Cheeseburger  
Crispy Chicken Sandwich  
Ranch Potato Wedges  
Campus Favorite Veg.  
Hamburger Fixins'  
Hawaiian Applesauce  
Choice of Milk

18  
Popcorn Chicken  
Mac & Cheese  
  
Sweet Green Peas  
Ranch Style Beans  
Fruit Cocktail   
Pears  
Choice of Milk

19  
Oven Roasted Chicken  
Salisbury Steak  
Mashed Potatoes w/ Gravy  
Cheesy Broccoli  
Mandarin Oranges  
Spinach Salad  
Rice Pilaf  
Choice of Milk

20  
**Nachos\***  
Chicken Quesadilla  
  
Refried Beans  
Spanish Rice  
Spinach Salad  
Pineapple w/ Cherries  
Choice of Milk

21  
**Cheese Pizza\***  
Hot Dog w/Chili  
  
Green Beans in Cheesy Sauce  
Glazed Carrots  
Rosy Applesauce  
Pineapple w/ Cherries  
Choice of Milk

24  
 **Hamburger\***  
 **Cheeseburger\***  
**Grilled Chicken on Bun\***  
Sweet Potato Fries  
Campus Favorite Veg.  
Hamburger Fixins'  
Mandarin Oranges  
Choice of Milk

25  
**Baked Rotini\***  
**Italian Sub\***  
  
Sweet Kernel Corn  
Peas & Carrots  
Fresh Veggie Medley  
Peaches  
Choice of Milk

26  
Steak Fingers  
Orange Chicken  
  
Seasoned Green Beans  
Potatos Au'gratin  
Hawaiian Applesauce  
Rice or Dinner Roll  
Choice of Milk

27  
Mexican Pizza  
Soft Tacos  
  
Charro Beans  
Mexican Corn  
Carrot Sticks  
Fruit Cocktail w/Cherry jello  
Choice of Milk

28  
**Pepperoni Pizza\***  
**BBQ on a Bun\***  
  
California Blend Veggies  
Seasoned Pinto Beans  
Mandarin Oranges  
Rosy Pears  
Choice of Milk

Menus meet recommended dietary guidelines and may change due to product availability or other significant market changes. Managers offer a meatless entrée choice daily. In accordance with Federal Law and U.S. Department of Agriculture, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write: USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

# OCTOBER LUNCH

MANSFIELD I.S.D

Frontier HS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily menu subject to change

Menus meet Recommended Dietary Guidelines and may change due to product availability or other significant market changes.

**\* Items contain whole grain**

**Daily Offerings:**

**Crispy Chicken**

**Sandwich**

**Buffalo Chicken**

**Sandwich**

**Chef Salads**

**Variety of Yogurt**

**Fresh Fruit**

**Sandwich Fixins'**

**Breakfast Prices:**

Pk-12 \$1.25

Reduced \$ .30

Adult \$1.50

**Lunch Prices:**

Pk-6 \$2.15

7-12 \$2.40

Reduced \$ .40

Adult \$3.15

<p><b>3</b></p> <p>Hamburger/Cheeseburger Grilled Chicken Sandwich</p> <p>Pork &amp; Beans French Fry Blend Burger Fixins' Pineapple Chunks Choice of Milk</p>	<p><b>4</b></p> <p>Lasagna Fish Sandwich</p> <p>Seasoned Baby Carrots California Blend Veggies Rosy Pears Cinnamon Apples Choice of Milk</p>	<p><b>5</b></p> <p>Crispy Oven Chicken Mini Corn Dogs Mashed Potatoes w/ Gravy Broccoli Mandarin Oranges Long Grain/Wild Rice* or Dinner Roll Choice of Milk</p>	<p><b>6</b></p> <p><b>Nachos*</b> Chicken Quesadilla</p> <p>Charro Beans Mexican Corn Spinach Salad Peaches Choice of Milk</p>	<p><b>7</b></p> <p><b>Cheese Pizza*</b> BBQ Pork Riblets</p> <p>Corn Cob, Sugar Snap Peas Pineapple w/ Cherries Rosy Applesauce Dinner Roll Choice of Milk</p>
<p><b>10</b></p>	<p><b>11</b></p>	<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b></p>

<p><b>Hamburger*/Cheeseburger*</b> <b>Grilled Chicken on Bun*</b></p> <p>Sweet Potato Fries Campus Favorite Veg Burger Fixins' Fruit Cocktail Choice of Milk</p>	<p>Rotini w/ Meatballs Popcorn Chicken Carrot Coins Ranch Style Beans Applesauce Mandarin Oranges Dinner Roll Choice of Milk</p>	<p>Steak Fingers Teriyaki Chicken Mashed Potatoes w/ Gravy Green Beans Fruit Cocktail Cinnamon Apples Rice or Dinner Roll Choice of Milk</p>	<p>Chalupa Enchiladas</p> <p>Refried Beans Spanish Rice Fresh Veggie Medley Peaches Choice of Milk</p>	<p><b>Pepperoni Pizza*</b> <b>Deli Sub*</b></p> <p>Broccoli in Cheesy Sauce Peas &amp; Carrots Sandwich Fixins' Rosy Pears, Pineapple w/ Lime Jello Choice of Milk</p>
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<p><b>17</b></p> <p>Hamburger/Cheeseburger Grilled Chicken Sandwich</p> <p>Ranch Potato Wedges Campus Favorite Veg. Hamburger Fixins' Hawaiian Applesauce Choice of Milk</p>	<p><b>18</b></p> <p>Popcorn Chicken Mac &amp; Cheese</p> <p>Sweet Green Peas Ranch Style Beans Fruit Cocktail, Pears Dinner Roll Choice of Milk</p>	<p><b>19</b></p> <p>Oven Roasted Chicken Salisbury Steak Mashed Potatoes w/Brown Gravy Cheesy Broccoli Mandarin Oranges Spinach Salad Rice Pilaf or Dinner Roll Choice of Milk</p>	<p><b>20</b></p> <p><b>Nachos*</b> Chicken Quesadilla</p> <p>Refried Beans Spanish Rice Tossed Salad Peaches Choice of Milk</p>	<p><b>21</b></p> <p><b>Cheese Pizza*</b> Hot Dog w/Chili</p> <p>Green Beans in Cheesy Sauce Glazed Carrots Rosy Applesauce Pineapple w/ Cherries Choice of Milk</p>
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<p><b>24</b></p> <p><b>Hamburger*/Cheeseburger*</b> <b>Grilled Chicken Sandwich*</b></p> <p>Sweet Potato Fries Campus Favorite Veg. Hamburger Fixins' Mandarin Oranges Choice of Milk</p>	<p><b>25</b></p> <p><b>Baked Rotini</b> <b>Italian Sub*</b></p> <p>Sweet Kernel Corn Peas &amp; Carrots Fresh Veggie Medley Peaches Choice of Milk</p>	<p><b>26</b></p> <p>Steak Fingers Orange Chicken Chicken</p> <p>Seasoned Green Beans Potatos Au'gratin Hawaiian Applesauce Rice or Dinner Roll Choice of Milk</p>	<p><b>27</b></p> <p>Mexican Pizza Soft Tacos</p> <p>Charro Beans Mexican Corn Carrot Sticks Fruit Cocktail w/Cherry jello Choice of Milk</p>	<p><b>28</b></p> <p><b>Pepperoni Pizza*</b> <b>BBQ on a Bun*</b></p> <p>California Blend Veggies Seasoned Pinto Beans Mandarin Oranges Rosy Pears Choice of Milk</p>
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