

# October

## Elementary/Intermediate Breakfast & Lunch Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>	<b>Sausage Biscuit</b> <b>ENTRÉE (Choose 1):</b> Chicken Fried Steak w H.W Roll Corn Dogs <b>Sides (Choose 1 or up to 2):</b> Potato Cheese Bake Peas & Carrots Fruit Cocktail Peaches & Cherries Choice of Milk	<b>3</b>	<b>Cheese Omelet w/ Choice of Toast</b> <b>ENTRÉE (Choose 1):</b> Cheese or Chili Cheese Nachos BBQ on a Bun <b>Sides (Choose 1 or up to 2):</b> Baked Beans Seasoned Green Beans Mandarin Oranges Pineapple Chunks Choice of Milk	<b>4</b>	<b>Pig in a Blanket</b> <b>ENTRÉE (Choose 1):</b> Hamburger or Cheeseburger Chicken Enchiladas <b>Sides (Choose 1 or up to 2):</b> Spanish Rice Potato Wedges Peaches Assorted Jello Choice of Milk	<b>5</b>	<b>French Toast Sticks</b> <b>ENTRÉE (Choose 1):</b> Cheese or Pepperoni Pizza Chicken Alfredo <b>Sides (Choose 1 or up to 2):</b> Tossed Salad Broccoli w/ or w/o Cheese Sauce Applesauce Banana Choice of Milk	<b>6</b>	No School
<b>9</b>	No School	<b>10</b>	<b>Chicken on a Biscuit</b> <b>ENTRÉE (Choose 1):</b> Chicken Nuggets w- Roll Homestyle Chicken Tenders w/ Roll <b>Sides (Choose 1 or up to 2):</b> Ranch Style Beans Seasoned Green Peas Fruit Cocktail Assorted Jello Choice of Milk	<b>11</b>	<b>Cinnamon Roll</b> <b>ENTRÉE (Choose 1):</b> Crispy Chicken w Bun Steak Fingers w- Roll <b>Sides (Choose 1 or up to 2):</b> Tator Tots Carrot Sticks w/ Dip Pears Apricots Choice of Milk	<b>12</b>	<b>Waffle Sticks</b> <b>ENTRÉE (Choose 1):</b> Oven Baked Chicken w H.W Roll Frito Burrito <b>Sides (Choose 1 or up to 2):</b> Mashed Potatoes Sweet Kernel Corn Mandarin Oranges Green Juicy Apple Choice of Milk	<b>13</b>	<b>Breakfast Burrito</b> <b>ENTRÉE (Choose 1):</b> Tamales Deli Style Sub <b>Sides (Choose 1 or up to 2):</b> Refried Beans Mixed Veggies Peaches Applesauce Choice of Milk
<b>16</b>	<b>Sausage Biscuit</b> <b>ENTRÉE (Choose 1):</b> Chicken Nuggets w / Roll Hamburger or Cheeseburger <b>Sides (Choose 1 or up to 2):</b> Potato Wedges Corn Cobbette Pears Hawaiian Applesauce Choice of Milk	<b>17</b>	<b>Bagel w-w/o Choice of Cream Cheese</b> <b>ENTRÉE (Choose 1):</b> Orange Chicken w/ Rice Potato Crunch Fish Fillet <b>Sides (Choose 1 or up to 2):</b> Peas & Carrots Broccoli w/ or w/o Cheese Sauce Peaches Fruit Cocktail Choice of Milk	<b>18</b>	<b>Pig in a Blanket</b> <b>ENTRÉE (Choose 1):</b> Chicken Fried Steak w- H.W Roll Taco Salad <b>Sides (Choose 1 or up to 2):</b> Celery Sticks w/ Dip Country Mix Veggies Mandarin Oranges Assorted Jello Choice of Milk	<b>19</b>	<b>French Toast Sticks</b> <b>ENTRÉE (Choose 1):</b> Cheese or Pepperoni Pizza Cheese or Chili Cheese Nachos <b>Sides (Choose 1 or up to 2):</b> Tossed Salad Seasoned Carrots Applesauce Orange Smiles Choice of Milk	<b>20</b>	<b>Breakfast Pizza</b> <b>ENTRÉE (Choose 1):</b> Homestyle Chicken Tenders w Roll Crispito w/ or w/o Cheese Sauce <b>Sides (Choose 1 or up to 2):</b> Potato Cheese Bake Seasoned Green Beans Pineapple Chunks Rosy Pears Choice of Milk
<b>23</b>	<b>Pancakes</b> <b>ENTRÉE (Choose 1):</b> Crispy Chicken w- Bun Spaghetti w- Garlic Roll <b>Sides (Choose 1 or up to 2):</b> Tator Tots Seasoned Green Peas Peaches Pears & Cherries Choice of Mil	<b>24</b>	<b>Chicken on a Biscuit</b> <b>ENTRÉE (Choose 1):</b> Cheese or Pepperoni Pizza Mini Corn Dogs <b>Sides (Choose 1 or up to 2):</b> Potatoes O'Brien Sweet Kernel Corn Pineapple Chunks Assorted Jello Choice of Milk	<b>25</b>	<b>Cinnamon Roll</b> <b>ENTRÉE (Choose 1):</b> Chicken Nuggets w / Roll Crunchy Taco <b>Sides (Choose 1 or up to 2):</b> Spanish Rice Cauliflower w/ or w/o Cheese Sauce Mandarin Oranges Apricots	<b>26</b>	<b>Waffle Sticks</b> <b>ENTRÉE (Choose 1):</b> Oven Baked Chicken w- H.W Roll Salisbury Steak & H.W Roll <b>Sides (Choose 1 or up to 2):</b> Mashed Potatoes Glazed Carrots Fruit Cocktail Red Delicious Apple	<b>27</b>	<b>Breakfast Burrito</b> <b>ENTRÉE (Choose 1):</b> Steak Fingers w- gravy & Roll Chicken Quesadilla <b>Sides (Choose 1 or up to 2):</b> Refried Beans Carrot & Celery Sticks w/ Dip Pears Applesauce
<b>30</b>	<b>Sausage Biscuit</b> <b>ENTRÉE (Choose 1):</b> Chicken Fried Steak w H.W Roll Orange Chicken w/ Rice <b>Sides (Choose 1 or up to 2):</b> Potato Cheese Bake Peas & Carrots Fruit Cocktail Peaches & Cherries Choice of Milk	<b>31</b>	<b>Cheese Omelet w/ Choice of Toast</b> <b>ENTRÉE (Choose 1):</b> Cheese or Chili Cheese Nachos BBQ on a Bun <b>Sides (Choose 1 or up to 2):</b> Baked Beans Seasoned Green Beans Mandarin Oranges Pineapple Chunks Choice of Milk	Menus meet recommended dietary guidelines and may change due to product availability or other significant market changes. Managers offer a meatless entrée choice daily. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND tdd). USDA is an equal opportunity provider and employer.					