



## Physical Education II Team Sports

<b>Unit: Volleyball</b>		<b>Dates to Teach: First Six Weeks</b>	
<b>Date Taught</b>	<b>TEKS</b>	<b>Content/Vocabulary</b>	<b>Guiding Questions</b>
	<p>TEKS</p> <p>1(A) demonstrate consistency using all the basic offensive skills of a sport while participating in a game such as dribbling, batting, or spiking competently in a dynamic setting; and (B) demonstrate consistency using all the basic defensive skills of a sport while participating in a game such as guarding, trapping, blocking, fielding, tackling, or goalkeeping competently in a dynamic setting.</p> <p>(2) Movement skills. The student applies movement concepts and principles to the learning and development of motor skills. The student is expected to: (B) describe appropriate practice procedures to improve skill and strategy in an activity; (E) recognize that improvement is possible with appropriate practice.</p> <p>(3) Social development. The student understands the basic components such as strategies, protocol, and rules of structured physical activities. The student is expected to: (A) acknowledge good play from an opponent during competition; (B) accept the roles and decisions of officials; (C) demonstrate officiating techniques</p> <p>(4) Physical activity and health. The student exhibits a physically-active lifestyle that improves health and provides opportunities for enjoyment and challenge through team sports. The student is expected to: (A) select and participate in individual sports that provide for enjoyment and challenge</p> <p>(6) Physical activity and health. The student understands and applies safety practices associated with team sports. The student is expected to: (B) identify and apply rules and procedures that are designed for safe participation in team sports.</p>	<ol style="list-style-type: none"> <li>1. Rules/History</li> <li>2. Pass</li> <li>3. Set</li> <li>4. Serve</li> <li>5. Spike</li> <li>6. Proper Rotation</li> </ol>	<ol style="list-style-type: none"> <li>1. What are the basic rules of volleyball?</li> <li>2. What is the proper technique for passing, setting, spiking, serving?</li> <li>3. Describe proper rotation.</li> <li>4. How many players are allowed on the court at a time?</li> <li>5. How many hits are you allowed to get the ball over the net?</li> </ol>