

**Scope  
Physical Education  
Kindergarten**

- I. Orientation and class management
  - A. Classroom management
  - B. Behavior management
  - C. Space awareness (self, personal, and general)
  - D. Social skills (conflict resolution, cooperative skills—respect, honesty, trust, concern, patience, compromise, communication, encouragement, and teamwork/sportsmanship)
  
- II. Movement concepts
  - A. Locomotor skills (walk, march, skip, jump, hop, slide, gallop, run, leap)
  - B. Non-locomotor/non-manipulative skills
    - 1. Basic (bend, stretch, twist, turn, rolling)
    - 2. Balance (basic support, static dynamic)
    - 3. Body awareness (body part, body shapes, body movements)
  - C. Effort (speed, force, flow)
  - D. Relationships to objects, others, partners
  - E. Eye/hand coordination (throw and catch)
  
- III. Physical activity and health
  - A. Basic healthy habits
  - B. Basic anatomy and kinesiology