

Third Grade
Physical Education
Assurances

1. The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
2. The student applies movement concepts and principles to the learning and development of motor skills.
3. The student exhibits a health enhancing, physically activity lifestyle that provides opportunities for enjoyment and challenge.
4. The student knows the benefits from involvement in daily physical activity and factors that affect physical performance.
5. The student understands and applies safety practices associated with physical activities.
6. The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance and gymnastics.
7. The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.