



## High School Health

<b>Unit Name: Unit III Parenting and Paternity Awareness (State-Mandated Curriculum)</b>			<b>First 6 Weeks, Days to Teach:</b>
<b>Date Taught</b>	<b>TEKS</b>	<b>Content/Vocabulary</b>	<b>Guiding Questions</b>
	<p>TEKS            13A. Demonstrate communication skills in building and maintaining healthy relationships.            13D. Evaluate the effectiveness of conflict resolution techniques in various situations.            14A. Demonstrate strategies for communicating needs, wants, and emotions.            14B. Examine the legal and ethical ramifications of unacceptable behaviors such as harassment, acquaintance rape, and sexual abuse            15A. Apply communication skills that demonstrate consideration and respect for self, family, and others            15B. Demonstrate empathy towards others            15C. Analyze ways to show disapproval of inconsiderate and disrespectful behavior.</p>	<p>Net Income            Gross Income            Calculating Child Support</p>	<p><b>Session 6</b>            What does it take to be a good parent, in terms of both tasks and financial support?            How do you calculate child support?</p>
	<p>TEKS            1H.Examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depression            5D. Demonstrate decision-making skills based on health information            7J. Analyze the importance of healthy strategies that prevent physical, sexual, and emotional abuse such as date rape            8A. Evaluate positive and negative effects of various relationships on physical and emotional health such as peers, family, and friends.            13D. Evaluate the effectiveness of conflict resolution techniques in various situations.            16B. Summarize the advantages of seeking advice and feedback regarding the use of decision-making and problem-solving skills            17B. Demonstrate knowledge about personal and family health concerns.</p>	<p>Team parenting            Weekend parent</p>	<p><b>Session 7</b>            What is it like to be a single parent?            What is it like to be a non-custodial parent?</p>
	<p>TEKS            13A. Demonstrate communication skills in building and maintaining healthy relationships.            13B. Distinguish between a dating relationship and a marriage</p>	<p>IALAC – I Am Lovable and Capable</p>	<p><b>Session 8</b>            What is “team-parenting?”            What is your attitude toward marriage or committed relationship?            What skills are necessary for healthy married parenting?</p>



## High School Health

	<p>13C. Analyze behavior in a dating relationship that will enhance the dignity, respect, and responsibility relating to marriage.</p> <p>13D. Evaluate the effectiveness of conflict resolution techniques in various situations.</p>		
	<p>TEKS</p> <p>5C. Discuss the legal implications regarding sexual activity as it relates to minor persons.</p> <p>16A. Identify decision-making skills that promote individual, family, and community health</p> <p>16B. Summarize the advantages of seeking advice and feedback regarding the use of decision-making and problem-solving skills.</p>	Office of the Attorney General (OAG)	<p><b>Session 9</b></p> <p>What methods can be used to enforce child support? What are some issues surrounding support obligations? What are some possible solutions to support obligation problems?</p>
	<p>TEKS</p> <p>14A. Demonstrate strategies for communicating needs, wants, and emotions.</p> <p>15A. Apply communication skills that demonstrate consideration and respect for self, family, and others</p> <p>15B. Demonstrate empathy towards others</p> <p>16A. Identify decision-making skills that promote individual, family, and community health</p>	“Listening for Understanding”	<p><b>Session 10</b></p> <p>What are your own intentions and expectations regarding future relationships? How do your future relationships tie into parental responsibility? When during your lifespan are particular kinds of relationships appropriate? What kind of characteristics do you look for in a partner?</p>
	<p>TEKS</p> <p>1H.Examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depression</p> <p>5D. Demonstrate decision-making skills based on health information.</p> <p>7J. Analyze the importance of healthy strategies that prevent physical, sexual, and emotional abuse such as date rape</p> <p>8A. Evaluate positive and negative effects of various relationships on physical and emotional health such as peers, family, and friends.</p> <p>16C. Classify forms of communication such as passive, aggressive, or assertive.</p>	<p>Healthy Relationships</p> <p>Healthy Dating Relationships</p> <p>Healthy Marriage</p>	<p><b>Session 11</b></p> <p>What are the characteristics of a healthy relationship and marriage? What is the impact of the quality of a couple’s relationship on parenting? What is “listening for understanding?”</p>
	<p>TEKS</p> <p>5D. Demonstrate decision-making skills based on health information.</p> <p>8A. Evaluate positive and negative effects of various</p>	<p>Marriage license</p> <p>Marriage Requirements in Texas</p>	<p><b>Session 12</b></p> <p>What are the benefits of marriage? What are the requirements for getting married in Texas? Why are married couples less likely to have to deal with</p>



## High School Health

	<p>relationships on physical and emotional health such as peers, family, and friends.            9A. Describe the roles of parents, grandparents, and other family members in promoting a healthy family            9B. Analyze the dynamics of family roles and responsibilities relating to health behavior.</p>		<p>paternity or child-support issues?</p>
	<p><b>TEKS</b>            2C. Identify, describe, and assess available health-related services in the community that relate to disease prevention and health promotion.            7G. Analyze the relationship between the use of refusal skills and the avoidance of unsafe situations such as sexual abstinence.            11A. Research various school and community health services for people of all ages such as vision and hearing screenings and immunization programs            12A. Identify situations requiring professional health services for people of all ages such as primary, preventive, and emergency care.            12B. Explain how to access health services for people of all ages.</p>	<p>Warning Signs            Abuse            Abusive Patterns            Violent Relationships</p>	<p><b>Session 13</b>            What are the warning signs of unhealthy and/or abusive relationship patterns and behavior?            What are the strategies for dealing with abusive or violent relationships or helping a friend who is in an abusive relationship?</p>
	<p><b>TEKS</b>            5D. Demonstrate decision-making skills based on health information.            9A. Describe the roles of parents, grandparents, and other family members in promoting a healthy family            9B. Analyze the dynamics of family roles and responsibilities relating to health behavior.            13A. Demonstrate communication skills in building and maintaining healthy relationships.            13C. Analyze behavior in a dating relationship that will enhance the dignity, respect, and responsibility relating to marriage.            16A. Identify decision-making skills that promote individual, family, and community health</p>	<p>Strong Family</p>	<p><b>Session 14</b>            How are children affected by different kinds of adult relationships and family structures?            What roles are families supposed to play in children's lives?            How would you define a strong family?</p>
	<p>16A. Identify decision-making skills that promote individual, family, and community health</p>	<p>Suicide            Signs of Concern            Appropriate Responses</p>	<p><b>What are some signs of concern?            What can you do to help any peers that is exhibiting signs of concern?            What are some appropriate responses.            (This unit from the Jason Foundation is pending approval from the School Health Advisory Committee.)</b></p>