

Health
Grade 6
Assurances

1. The student comprehends ways to enhance and maintain personal health throughout the life span.
2. The student recognizes ways that body structure and function relate to personal health throughout the life span.
3. The student comprehends and utilizes concepts relating to health promotion and disease prevention.
4. The student comprehends ways of researching, accessing, and analyzing health information.
5. The student engages in behaviors that reduce health risks throughout the life span.
6. The student understands how factors in the environment influence individual and community health.
7. The student recognizes how relationships influence individual health behaviors including skills necessary for building and maintaining relationships.
8. The student comprehends how media and technology influence individual and community health.
9. The student differentiates between positive and negative family influences.
10. The student describes healthy ways to communicate consideration and respect for self, family, friends, and others.
11. The student analyzes information and applies critical-thinking, decision-making, goal-setting, and problem-solving skills for making health-promoting decision.