

Health  
Grade 4  
Assurances

1. The student comprehends ways to enhance and maintain health throughout the life span.
2. The student recognizes ways that body structure and function relate to personal health.
3. The student comprehends ways of accessing health information.
4. The student understands and engages in behaviors that reduce health risks throughout the life span.
5. The student recognizes and engages in behaviors that prevent disease and speed recovery from illness.
6. The student comprehends factors that influence individual, family, and community health.
7. The student comprehends how the media and technology can influence individual and community health.
8. The student recognizes how relationships can positively and negatively influence individual and community health.
9. The student demonstrates social skills necessary for building and maintaining healthy relationships throughout the life span.
10. The student describes healthy ways to communicate consideration and respect for self, family, friends, and others.
11. The student demonstrates critical-thinking, decision-making, goal-setting, and problem-solving skills for making health-promoting decisions.