

BRONCOS

GOLF

Drill and Practice Ideas

Pitching and Chipping Games and Drills

1. Pitch to buckets for different point values
 - a. More points for buckets farther away
 - b. Less points for buckets closer
 - i. Add obstacles to create shot making opportunities (EXAMPLE: Golf bag)
2. Chip and pitch your ball into a 10X10ft square
 - a. You can use either chalk lines or string tied around tee's
 - b. Create your square on the practice green if possible
 - c. Start at 10ft away and try to get the ball to stop in the square
 - i. Then try it from 20ft, 30ft, 40ft and 50ft
 - ii. Use different clubs to work on shot making and feel
 - iii. Set a goal (EXAMPLE: 10 out of 10 from 10ft.-9 out of 10 from 20 ft and so on)
 - iv. ADVANCED OPTION: Shrink the square, or put a square inside of a square and call everything outside the small square a bogey and everything inside a par
3. Line Game (2-10 players) Knockout!!
 - a. Paint a line or use a string and make a line about 5-25 yards away from the players
 - b. All the players will hit a chip shot as close to the line as possible
 - c. The player that's farthest from the line is out
 - d. Go until there is just one player standing
4. Tic-Tac-Toe
 - a. Draw a Tic-Tac-Toe board on the green or open fairway cut grass
 - b. Players should be about 5-10 yards from the board
 - c. They only get an X or an O if they land in an "open" portion of the board that's not already occupied by an X or O

5. Chip onto your golf towel (or paint circles on the green)
 - a. Practice landing your ball on the towel
 - b. Try using the same club to hit different trajectories and still land on the towel
 - c. Go to different distances to avoid memorizing the shot (it reduces feel to hit the same shot too many times in a row)

6. Ladder Drill (Picture a ladder)
 - a. Chip from 1 spot
 - b. Lay clubs out with about 3-5ft between them
 - c. Try to land the ball between the clubs in the air to work on control
 - i. Obviously, you can't play to a hole because the ball will hit the clubs
 - d. Go in a progressive order and give yourself 2 shots to make it in each distance as this drill is relatively difficult

7. 30 Yard Game (Played on the course if possible)
 - a. Each player should play 2 balls from 30 yards off the green until both balls are holed
 - b. The goals can vary;
 - i. Players that want to break 100 need to make a combined score of 7
 - ii. To break 90 a combined score of 6
 - iii. To break 80 a combined score of 5

8. Flop shots with an 8 iron??? Bump and run with a Sand Wedge???
 - a. Work in feel and creativity
 - b. Try to hit flop shot with 8 iron or even a 5 iron!
 - c. Try to hit low bump and run shots with Gap Wedge, Sand Wedge or Lob Wedge

9. Hit over an obstacle
 - a. Try hitting over your golf bag
 - b. Move it closer and closer to force higher lob shots
 - i. Make it a game (Like pole vault)