

2011 5-AAAAA District Championships Cross Country Meet Itinerary

Wednesday, October 26, 2011

DISTANCES: Girls—2 Miles (3200m), Boys—3 Miles (5000m)

Check in time: Begins at 8:00 a.m.

Rolling Schedule: Beginning 10:00 a.m.

Varsity Girls

Varsity Boys

JV Girls

JV Boys

The top three teams in each Varsity division will advance to Regionals. The top ten runners in each Varsity race will also advance. It is recommended that all athletes wear spikes or racing flats to this event. Please ensure they are wearing a Legacy Cross Country shirt and that they are using the provided warm ups at this meet. Professionalism is a must!

BUS INFORMATION: WE WILL DEPART FROM LEGACY @ 7:10 AM.

TRAVEL TIME IS APPROXIMATELY TWENTY FIVE MINUTES AND WE NEED TO GET THERE EARLY TO SET UP TENT, CHECK IN, AND GET TENTS SET UP!!!!

PLEASE ASSURE THAT TENTS/WATER JUGS/FIRST AID KITS ARE LOADED ON BUS!!!

*RETURN to Legacy at approximately 2:00 PM – Will call when we leave
the Meet*

Reminders

- You must have your uniform on when you get on the bus!!
- Bring your sweats or wind suit!! (KEEP TRACK OF YOUR OWN EQUIPMENT!!!!!!!!!!!!)

- Bring money for the concession stand or healthy snacks.
- Bring bottled water or a JUG of water!!!
- We should have one camp site not two or three!!
- Wear a watch!
- DO NOT MISS YOUR RACE!!!!
- WARM UP!!!! & COOL DOWN 10-15 MINUTES AS A TEAM AT THE CONCLUSION OF YOUR RACE!!!
- SHOW CLASS AND BE RESPECTFUL AT ALL TIMES!!!
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Coach Lacy Beckler - (817)299-1219 office; (817) 269-1817
cell

Directions to the meet:

Camp Hoblitzelle
8060 Singleton Rd
Midlothian, TX 76065

CAMP HOBLITZLLE, MIDLOTHIAN, TX

Take US-287 S towards Midlothian. Take ramp toward FM-663/14th Street, Right on S 9th Street (FM-633), Continue on FM-663, Turn Right on W FM 875, Turn Left on Singleton Road
Arrive at 8060 Singleton Road, Midlothian, TX