



MISD Natatorium

THE AQUATICS FACILITY OF MANSFIELD INDEPENDENT SCHOOL DISTRICT



2009 Spring and Summer Learn to Swim Program

Mansfield ISD Natatorium
Located in the Eastern part of
Mansfield ISD off Highway 360 and Broad Street
part of the MISD Athletics Complex
(817) 276-5230

Spring Office Hours

Monday - Friday 7:30 am - 7:30 pm
(Closed for lunch 12 noon - 1:00 pm)

Summer Office Hours (June - July)

Monday - Thursday 7:30 am - 7:30 pm
(Closed for lunch 12 noon - 1:00 pm)

Closed Friday



Learn To Swim Program Policies

PAYMENT: The Mansfield ISD Natatorium accepts cash, checks and money orders as payment for classes. **Enrollment and payment must be made in person.**

Checks and money orders made payable to **MISD**.

We do not accept Debit or Credit cards

Concurrent enrollment is not insured without full payment. Registration is based on space availability.

PARENTS AND SPECTATORS: Parents and spectators are not allowed on the pool deck during swim classes. We find that children are far more attentive and successful in learning new skills if parents are “out of sight, out of mind”. We have ample seating upstairs if you wish to observe the class.

WAIT LISTS: Participants may be placed on a wait list when a course has reached its maximum enrollment. There is no charge to be placed on the wait list. When a space becomes available, our staff will contact, in wait list order, the participants on the list and offer them the opportunity to register at that time. Payment will be required within 24 hours to secure the registration.

TRANSFERS: Requests for transfer between classes/levels must be made at least one week prior to the first day of class. There will be a \$10 fee for each transfer. Transfers less than one week prior to the first day of class are prohibited.

REFUNDS: Requests for full refund must be received at least one week prior to the first day of class. Swimmers withdrawn less than one week prior to the first day of class will receive a 50% refund. Swimmers withdrawn on or after the first day of class will not be refunded.

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Fees and Schedules

Levels 1 and 2 Eight 30-minute classes for **\$80**

Levels 3 - 5 Eight 45-minute classes for **\$90**

Parents: Please refer to the skill sets on the back of this pamphlet to determine your child's level

Full-time MISD employees and their immediate family members will receive a 15% discount with MISD identification. There are no discounts for multiple siblings enrolled in swim lessons.

Spring 2009

All sessions are two weeks long, Monday - Thursday; unless otherwise noted

Afternoon Classes Only: 3:45 pm 4:45 pm 5:45 pm

Dates: April 21 - May 1st Register before 12:00 noon Friday, April 17
(Monday, April 20th classes have been rescheduled to Friday, May 1st)

May 4 - 14 Register before 12:00 noon Friday, May 1

May 18 - 29 Register before 12:00 noon Friday, May 15
(Monday, May 25th is an MISD holiday; class will be made up on Friday May 29th)

Spring Office hours: Monday - Friday 7:30 am - 7:30 pm
(Closed for lunch 12 noon - 1:00 pm)

Summer 2009

All sessions are two weeks long, Monday - Thursday

Morning Classes: 9:15 am 10:15 am 11:15 am
Afternoon Classes: 3:45 pm 4:45 pm 5:45 pm

Dates: June 8 - 18 Register before 12 noon Thursday, June 4

June 22 - July 2 Register before 12 noon Thursday, June 18

July 6 - 16 Register before 12 noon Thursday, July 2

July 20 - 30 Register before 12 noon Thursday, July 16

August 3 - 13 Register before 12 noon Thursday, July 30

Summer office hours: (June - July 2009)
Monday - Thursday 7:30 am - 7:30 pm (lunch 12 noon - 1:00 pm)

Closed Friday

Parents: Please use the following skill sets to determine your child's level

Level 1: Propulsion Introduction - For 3 to 5 year olds who have NOT had lessons before, who are working on placing their faces in the water for 10 seconds, but are unable to jump into the water and swim to you by pulling and kicking. Swimmers must be prepared to participate in a class with other children of similar age without being disruptive to the learning process.

Level 1 students will learn:

Water Safety rules	Safely enter and exit the pool
Blow bubbles (humming)	Hold breath for 10 count
Face down in prone position (supported)	Submerge face
Open eyes under water	Independently initiate swimming

Swimmers who successfully complete Level 1, will be advanced to Level 3

Level 2: Propulsion Introduction - For 6 to 8 year olds who have NOT had lessons before, who are working on placing their faces in the water for 10 seconds, but are unable to jump into the water and swim to you by pulling and kicking. Swimmers must be prepared to participate in a class with other children of similar age without being disruptive to the learning process.

Level 2 students will learn:

Water safety rules	Open eyes under water
Safely enter and exit the pool	Blow bubbles (humming)
Hold breath for 10 count	Face down in prone position (supported)
Submerge face	Independently initiate swimming

Level 3: Breathing - For ages 12 and under who can hold their breath underwater for a 10-count, jump into the water And swim 5 feet

Level 3 students will learn:

Front Glide (hold streamline position with face in the water)	Gain breath independently
Jumping bobs	Freestyle swim for 15 feet
Over water arm recovery	Backglide (with assistance)
Dive (with assistance)	

Level 4: Stroke Development - For ages 12 and under who can front glide, swim freestyle for 15 feet, and gain breath independently

Level 4 students will learn:

Hold Streamline while kicking	Breastroke (with assistance)
Backstroke 15 feet	Tread water for 1 minute
Dolphin Kick	Dive
Take rolling breath while swimming Freestyle	

Level 5: Swimming - For ages 12 and under who can swim freestyle for at least 15 yards, and backstroke at least 15 yards

Level 5 students will learn:

Swim freestyle (25 yards minimum with proper breathing)	Breastroke (25 yards with good timing)
Backstroke (25 yards minimum)	Tread water for 2 minutes
Dolphin Kick (25 yards w/board)	
Racing Dive	

Upon successful completion of our Level 5 class, your swimmer will be invited to join the **Mansfield Aquatic Club**
Club information is available on our website: <http://www.mansfieldisd.org/aquatics>

Spring 2009 Learn-to-Swim Registration

1. Select the date and time you wish to attend.

Dates:

_____ April 21 - May 1 Register before 12:00 noon Friday, April 17
(Monday, April 20th classes will be made up on Friday, May 1st)

_____ May 4 - 14 Register before 12:00 noon Friday, May 1

_____ May 18 - 29 Register before 12:00 noon Friday, May 15
(Monday, May 25th is an MISD holiday; class will be made up on Friday May 29th)

Times: _____ 3:45pm _____ 4:45 pm _____ 5:45 pm

2. Using the descriptions found in your pamphlet; indicate your child's skill level

___ 1 Propulsion - (3 - 5 yr old beginners who have NOT had lessons before)

___ 2 Propulsion - (6 - 8 yr old beginners who have NOT had lessons before)

___ 3 Breathing - (ages 3 - 12 who can meet skill level requirements)

___ 4 Stroke Development - (ages 3-12 who can meet skill level requirements)

___ 5 Swimming - (ages 12 and under who can meet skill level requirements)

3. Swimmer's First Name _____ Last Name _____

Birth Date (mm/dd/yy) _____ Age _____ Circle: Male Female

4. Father's Name _____ Mother's Name _____

Home Address _____ City _____ Zip _____

Phones: Home (____) _____ Work (____) _____ Cell (____) _____

5. Bring this form and your check or cash payment to the MISD Natatorium

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Parent's signature: _____ Date: _____

Summer 2009 Learn-to-Swim Registration

1. Select the date and time you wish to attend.

Dates: ___ June 8 - 18 Register before 12 noon Thursday, June 4
 ___ June 22 - July 2 Register before 12 noon Thursday, June 18
 ___ July 6 - 16 Register before 12 noon Thursday, July 2
 ___ July 20 - 30 Register before 12 noon Thursday, July 16
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Times: ___ 9:15 am ___ 10:15 am ___ 11:15 am
 ___ 3:45 pm ___ 4:45 pm ___ 5:45 pm

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___ 2 Propulsion (6 - 8 yr old beginners who have NOT had lessons before)
___ 3 Breathing (ages 3 - 12 who can meet skill level requirements)
___ 4 Stroke Development (ages 3-12 who can meet skill level requirements)
___ 5 Swimming (ages 12 and under who can meet skill level requirements)

3. Swimmer's First Name _____ Last Name _____

Birth Date (mm/dd/yy) _____ Age _____ Circle: Male Female

4. Father's Name _____ Mother's Name _____

Home Address _____ City _____ Zip _____

Phones: Hm () _____ Wk () _____ Cell () _____

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