



**From:** Ted Cross, Director of Health Services  
**Health Advisory: Swine Influenza**

[April 27, 2009]

The following information has been provided to schools and child care providers from the Tarrant County Public Health department regarding issues related to human swine influenza:

Cases of human swine influenza A (H1N1) virus infection have now been confirmed in California, Kansas, New York, Ohio, and Guadalupe County, Texas. There are also numerous confirmed cases in Mexico. Tarrant County is working with state and national health agencies to investigate these cases and potential contacts. It has been determined that this virus is spreading from human to human. **There are currently no confirmed cases in Tarrant County.**

Tarrant County Public Health remains watchful and along with regional, state and national partners is involved in enhanced regional surveillance activities. Additionally, information is being provided to local medical community partners and schools.

As with any infectious disease, Tarrant County Public Health along with its regional, state and national partners **recommends people take these measures:**

- Cover your nose and mouth with a tissue when you sneeze or cough. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Try to avoid close contact with sick people.
- If you get sick, the U.S. Centers for Disease Control and Prevention (CDC) recommends that you stay home from work or school and limit contact with others to keep from infecting them.

The symptoms of swine flu include fever, cough and runny nose, and possibly other symptoms, such as body aches, nausea, or vomiting or diarrhea. **Anyone experiencing these symptoms should contact their family physician/health care provider.** Your health care provider may prescribe antiviral medication and other treatment. Your health care provider will determine whether influenza testing is needed. There is no vaccine available at this time.

## **Mansfield ISD**

The Health Services Department will be working closely with the district's custodial staff to provide extra cleaning at all campuses.

Additional information from MISD will be located on the following page:

<http://www.mansfieldisd.org/departments/communications/news/08-09/april/swinefluadvisory.htm>