

Health
Grade 3
Assurances

1. The student explains ways to enhance and maintain health throughout the life span.
2. The student recognizes and performs behaviors that reduce health risks throughout the life span.
3. The student knows and engages in behaviors that prevent disease and speed recovery from illness.
4. The student names the basic structures and functions of the human body and explains how they relate to personal health throughout the life span.
5. The student knows how to access health information.
6. The student understands factors that influence individual and community health.
7. The student comprehends ways in which media and technology influence individual and community health.
8. The student understands how relationships can positively and negatively influence individual and community health.
9. The student uses social skills and building and maintaining healthy relationships.
10. The student explains healthy ways to communicate consideration and respect for self, family, friends, and others.
11. The student recognizes critical-thinking, decision-making, goal-setting, and problem-solving skills for making health-promoting decisions.